## PERMANENT ORIENTEERING SITE BEAR COURSE

## BEAR COURSE A



| 0 | 50 | 100 | 150 | 200 | 250 |
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Level: Easy
Scale 1: 5000
Contour interval 5 meters

Woods: Easy run, slow run, difficult to run, fight
Open land, with scattered trees (park), rough open land, with scattered trees/bushes
Vegetation boundaries: Distinct, indistinct
Undergrowth, thick undergrowth (thorns, scrub), orchard, cultivated land Unpaved (dirt), asphalt or gravel (path, playing field), roadway (light traffic), main roadway
Footpath, small footpath, less distinct footpath
High wall, impassable fence with crossing point, low fence
Building, passage through building, canopy/covered area (passable)
Private property/garden (do not enter), stairs, bridge, underpass
Boulders (man-made concrete objects), cliff and impassable cliff, columns Contour lines, knolls, depressions

Earth bank, gully, small gully, rocky pit, cave
Pond, river, shallow water, stream, minor water channel
Uncrossable marsh, marsh, indistinct marsh, waterholes, spring Prominent tree, vegetation, bush or tree, row of trees, hedge

CONTROL DESCRIPTIONS:

1. Fence corner
2. Rocky cliff
3. Upended roots
4. Fence corner
5. Fork in the road
6. Marsh edge
7. Cave
8. Earth bank
9. Fork in the road


## New to orienteering? Here are some helpful tips

Scale 1: 5000
Contour interval 5 meters

1 cm on the map represents 50 meters
Difference in elevation between each brown line

- Turn your map so that north (the top of the map) is facing due north. Use a compass (you might have one on your smartphone). In a pinch, you can get your bearings by the river, which flows roughly north in Děčín. Keep your map oriented due north throughout the race.
- From the start (marked with a triangle on your map) choose your best route to the first control (the number 1 in a circle). You might follow a path, go around a hill, pass over a fence, or run through a valley; in town, you might weave in and out around buildings.
- Contour lines on the map represent the terrain - the closer they are together, the steeper the slope, and vice versa.
- Once you've figured out how to get to the first control, you can run (in fact, you should). Keep an eye on landmarks as you go.
- When you get to where the control ought to be, you can use the control description to locate it. Once you've found it, check the first two numbers against the control and course numbers on your map. Record the third number from the control plate in the corresponding box on your map.
- Do the same for each control until you've reached the finish line (marked on your map with a double circle; for this course, start and finish are the same).
- Difficulty levels: Easy - total distance of several hundred meters with a small number of easily located controls in safe, accessible terrain; Medium - more controls over a longer distance in slightly rougher terrain; Difficult - distance of more than 1,000 meters with a large number of controls, some of which are difficult to access, in steep terrain, requiring a little climbing, but usually manageable for active kids.
- You can check your results at the Děčín visitor center, at the front desk of Děčín Zoo or Děčín Castle, or online at www.idecin.cz/orientacni-beh

FB/decinproturisty

